

Natural/Logical Consequences *Techniques to Teach Parents*

This program will explain how learning from direct experience provides long term benefits and positively shapes behavior. The program will explore how parents can use daily life, its obstacles and joys, as the ideal lab for teaching children crucial lessons about responsibility, communication, and endurance. Participants will be taught how to utilize natural and logical consequences as a buffer between parent and child, protecting this most important relationship from the pitfalls of discipline strategies that set up power struggles and resentment. The program will review specific examples of implementing logical consequences when natural consequences present risk.

Objectives:

- 1) Learn the definition of both natural and logical consequences.
- 2) Understand how using natural and logical consequences can protect the relationship between parent and child.
- 3) I identify appropriate examples of using logical consequences when natural consequences would present too much of a risk.

Friday, September 25, 2009

2:00 p.m. – 5:00 p.m.

Fee \$30.00 (payable at the door)*

Presented by: Sandra Lillard, LCSW

Registration required.

The Professional Series provides an educational experience uniquely designed to enrich both your personal and professional life. Led by highly qualified instructors, these classes are structured to provoke thought, explore potential, develop skills, stimulate growth, and promote understanding. The instructors utilize various teaching techniques and aids. Learning takes place in a relaxed, informal atmosphere. UNLESS OTHERWISE NOTED IN THE ANNOUNCEMENT, all classes meet at Burrell Behavioral Health, 1300 Bradford Parkway, in Springfield, Missouri - Children's Center Theater.

Burrell Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. Burrell maintains responsibility for the programs and their contents.

To register for any classes, or if you have any questions regarding the educational offerings available at Burrell Behavioral Health, contact our Education and Training Department at (417) 269-7288.

*Attendance fee is waived for all Burrell/Cox employees with proper identification. Students with proper identification will receive a 50% discount.