

Suicide - Risk Assessment and Prevention Strategies

People in distress typically communicate their despair and hopelessness, either in word or behavior, before making a suicide attempt. This course will teach you how to recognize these communications as “cries for help.” Most individuals at risk for suicide are unlikely to seek help - so how do you prepare psychologically for such a message, and what positive action steps should you take? This course will explore how to make a correct identification of the need for intervention. We will also discuss the tools that are available to analyze the risk and what protective factors you can draw upon to assist in prevention. The course is instructed by two individuals who have many, many years in the field working with those at high risk for suicide, and their personal glimpses into the world of identification and prevention will assist you by providing specific examples of suicidal communications from people who went on to attempt or complete suicide.

Attendees will learn:

- At least 10 major risk factors for suicide;
- To articulate the various forms of suicidal communications;
- How to correctly analyze risk and increase the likelihood of successful intervention/prevention.

Friday, May 29, 2009

3:00 p.m. – 5:00 p.m.

Fee \$20.00 per session (payable at the door)*

Presented by: Shalaine Periman, Director – Burrell Crisis Services
and Stephanie Basham, LPC, Director – Burrell Children’s Services

Registration required.

The Professional Series provides an educational experience uniquely designed to enrich both your personal and professional life. Led by highly qualified instructors, these classes are structured to provoke thought, explore potential, develop skills, stimulate growth, and promote understanding. The instructors utilize various teaching techniques and aids. Learning takes place in a relaxed, informal atmosphere. UNLESS OTHERWISE NOTED IN THE ANNOUNCEMENT, all classes meet at Burrell Behavioral Health, 1300 Bradford Parkway, in Springfield, Missouri - Children's Center Theater.

Burrell Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. Burrell maintains responsibility for the programs and their contents.

To register for any classes, or if you have any questions regarding the educational offerings available at Burrell Behavioral Health, contact our Education and Training Department at (417) 269-7288.

*Attendance fee is waived for all Burrell/Cox employees with proper identification. Students with proper identification will receive a 50% discount.