

**SPRINGFIELD REGIONAL OFFICE AND  
BURRELL BEHAVIORAL HEALTH**  
proudly present:

## **Best Practices in Dual Diagnosis:**

# **An Introduction to the Mental Health Issues for People Who Have Intellectual Disabilities**

**Presented by Mike Mayer, National Consultant**

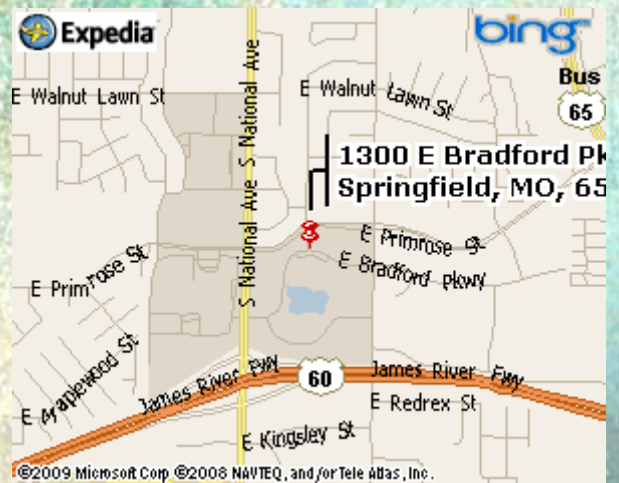
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## **March 18, 2010**

**9:00 a.m. to 4:30 p.m.**  
(Lunch on Your Own)

**Burrell Behavioral Health  
Children's Center  
1300 Bradford Parkway  
Springfield, Missouri**

Burrell is conveniently located near the  
Intersection of National and Primrose  
(See map)



**Limited seating is available for this training. Early reservations are recommended.**

## **AGENDA**

Internationally recognized expert in dual diagnosis, Mike Mayer, has been invited to assist the Springfield Region system of care by providing some training, technical assistance and consultation for some key service providers and individuals utilizing their services within the Springfield Region.

Some topics that Mike will touch on will include:

- Alternative Service Models: Helping People Get Real Lives
- Balancing Choice, Health Care, Safety & Crisis Responses
- Beyond Medication, Isolation and Restraint: Building Community Crisis Supports
- Coaching Your Staff to Excellence
- Crisis Prevention and Intervention: Who is in Crisis?
- Crisis Services Crisis: It's Not Too Late for an Intelligent Response
- Developing Wrap-Around Community Supports to Prevent Institutionalization
- Developing & Implementing Person Centered Plans of Crisis Response
- Empowering Your Staff to "Do the Right Thing"
- Improving Staff Quality, Safety and Retention
- Integrating a Comprehensive Local Approach
- Introduction to Cognitive and Related Disabilities
- Issues in Service Coordination, Delivery, Policy, and Planning
- Legal and Ethical Issues of Service Delivery
- MH-IDD: "Which Side of the Hyphen Are You On?"
- Understanding and Supporting People Who Have Atypical Behavior

## **TARGET AUDIENCE**

This conference is designed for psychologists, provider staff, allied behavioral health support staff, as well as DD Regional Office, SB 40 and DMH contracted provider staff, and will offer a forum for conversation and learning from each other as well as the presenter.

## **CONTINUING EDUCATION**

Burrell Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. Burrell maintains responsibility for this program and its content.

## OBJECTIVES

At the conclusion of this workshop, participants will be able to:

- Identify the benefits of Alternative Service Models to assist people who have a dual diagnosis;
- Explain the critical elements of wrap-around community supports to prevent and manage crisis situations;
- Recommend at least three essential elements of an integrated community approach to supporting people who have atypical behaviors and/or mental illnesses.
- Propose alterations in traditional staff selection, training and supervision approaches that help to assure success with individuals who have a dual diagnosis.

## WORKSHOP TRAINER

Prior to joining CRA, Senior Partner, Dr. Michael "Mike" Mayer was the Executive Director of the Institute on Complex Disabilities for 12 years. He also has been providing cutting-edge training and consultation services internationally since 1990. Mike is an internationally known speaker, consultant, and trainer; his unique approach, compassionate drive, and enlightening and dynamic presentations have led over 500 local, state, and national organizations to pursue his penetrating and enriching training. He has trained over 70,000 personnel all over the world, including the United States, Canada, the Middle East, the Pacific Rim, Africa, Asia, and Europe. He has been directly responsible for overseeing the development of community residential, vocational, and other support and treatment services for over 700 people who have disabilities, specializing in individuals with more severe and/or complex disabilities. He has also overseen and/or consulted on the development, modification to, and/or conversion of family and community services and supports for over 5,250 people.



Mike has authored and edited over 50 publications including books, chapters, and articles. He has developed numerous curricula, assessment tools, and protocols that are used throughout the world to assist in the diagnosis, treatment, support planning, service evaluation, and training for people who have complex disabilities. He has served on the faculty of several colleges, universities, institutes, international forums, and boards of directors. He also organizes and provides program design, development, and management supports for organizations that support people with disabilities. One of his major focuses is to facilitate organizational implementation of systems transformation and service conversions efforts. Mike's dedication to community supports has been a passion of his since he was a young adult, and it clearly shows in his focus on preventing institutionalization and supporting deinstitutionalization. He has a strong desire to help all, especially those previously deemed "too difficult" to support within the community. Visit his website for more information: [mikemayer@craconferences.com](mailto:mikemayer@craconferences.com)

## SELECTION

**Registration acceptance is on a first-come, first-serve basis. Space is limited.**

To register, please email your interest to: [Judy.Wanko@dmh.mo.gov](mailto:Judy.Wanko@dmh.mo.gov).

**Registration Deadline is March 13, 2010.**

*This workshop is offered at no charge thanks to the generous sponsorship of the CMS Person-Centered Planning Grant and the Missouri Department of Mental Health, Developmental Disabilities.*

Questions? Please contact: Tish Thomas: [Tish.Thomas@dmh.mo.gov](mailto:Tish.Thomas@dmh.mo.gov)

Remember, there is limited seating. **EARLY REGISTRATION IS ENCOURAGED.**