

Burrell Behavioral Health presents:

# Hoarding Disorder

A Community Education Workshop



Dr. Pollard is Founder and Director of the Center for OCD and Anxiety-Related Disorders (COARD) at Saint Louis Behavioral Medicine Institute (SLBMI) and Professor of Family and Community Medicine at Saint Louis University. He is a member of the Scientific and Clinical Advisory Board of the International Obsessive-Compulsive Disorder Foundation (IOCDF) and chairs the organization's national training initiative, the Behavior Therapy Training Institute. He is past chair of the Clinical Advisory Board of the Anxiety Disorders Association of America and a member of the Scientific Advisory Committee of the Canadian Institute for Obsessive Compulsive Disorders. Dr. Pollard serves as a reviewer for numerous journals and conference program committees and has authored over 90 professional publications, including two books, *Dying of Embarrassment: Help for Social Anxiety* and *The Agoraphobia Workbook*.



**Friday, August 21, 2015**

4:00 to 6:00 p.m.

**Burrell Behavioral Health – Main Center – Room A  
1300 Bradford Parkway, Springfield, MO  
No charge to attend, but pre-registration required.**

This workshop is appropriate for:

- Firefighters
- Police
- EMT's and Paramedics
- First Responders
- Other Emergency Professionals
- Social Workers
- Senior Services
- Landlords
- Other in-home professionals

Compulsive hoarding can cause fires, unclean conditions, injuries from tripping on clutter, and other health and safety hazards. But persons who hoard, often have very little insight and do not recognize it as a problem. Hoarding disorder is characterized by a pattern of acquiring and keeping objects that (1) appear useless or of little value to others; (2) clutter living spaces; and (3) create distress or interfere with normal, daily activities. Hoarding can create a problem for family members, friends and entire communities, in addition to the individual who hoards.

In this workshop, Dr. Pollard will describe the symptoms and characteristics of hoarding, review various approaches to intervention with problematic hoarding and outline some resources available for hoarders, their families and the various professionals and agencies that deal with this complicated problem.

**To Register, call 417.761.5025 or register online at:  
<http://www.burrellcenter.com/events/community-education/>  
Seating is limited, so reserve your seat early!  
No charge to attend!**

